



Healthy People 2020 The Health of Our State & the State of Our Health

May 22-23, 2020 Virtual Conference via Zoom Webinar

THANK YOU TO OUR SPONSORS!





Thinking beyond



HUGGIES













About Our Conference

This year's conference offers the latest in women's health, obstetric and neonatal nursing by experts in the field. In addition, come see up to date technology from an array of exhibitors.

FRIDAY	May 22, 2020
7:45 - 8:00 AM	Welcome
8:00 - 9:00 AM	Dr. Gloria Nichols, DNP, MSN, WHNP-BC Faith and Purpose to Combat Burnout
9:00 - 10:00 AM	Rebecca Boruff, MS, RN Teaching Novice Nurses the Basics of Fetal Monitoring by Engaging Them in Targeted Digital Content
10:00 - 10:15 AM	Break
10:15 - 11:15 AM	Kellie Kainer, MSN, RNC Establishing a Small Baby Program
11:15 - 12:15 PM	Natalya Padilla, BSN Benefits and Outcomes of Patient Experience by Patient
Navigators	
12:15 - 1:00 PM	Lunch
1:00 - 2:00 PM	Dr. Olinda Johnson, PhD, RNC, CNS Stroke in Pregnant Women
2:00 - 3:00 PM	Chuck Paul Human Trafficking
3:00 - 3:15 PM	Break
3:15 - 4:15 PM	Dr. Sanjie Garza-Cox, MD Period of Purple Crying

Thank You to our Conference Speakers

Dr. Gloria Nichols, DNP, MSN, WHNP-BC Rebecca Boruff, MS, RN Kellie Kainer, MSN, RNC Natalya Padilla, BSN Dr. Olinda Johnson, PhD, RNC, CNS Chuck Paul Dr. Sanjie Garza-Cox, MD Dr. Lorraine Walker, RN, EdD, MPH LaShea Haynes, M.Ed., MSN, AGCNS-BC, APRN, RNC-OB/EFM Kathleen Carberry, RN, MPH Rachel West, LCCE, CLD, CPD, MS Bonnie Shawl, BSN, RN Dr. Kelly Mc Glothen-Bell, PhD

Saturday	May 23, 2020
7:45 - 8:00 AM	Welcome
8:00 - 9:00 AM	Dr. Lorraine Walker, RN, EdD, MPH Mother's Matter: Needs, Gaps, Opportunities
9:00 - 10:00 AM	LaShea Haynes, M.Ed., MSN, AGCNS-BC, APRN, RNC-OB/EFM Making your OB units Maternal Mental Health Friendly
10:00 - 10:15 AM	Break
10:15 - 11:15 AM	Kathleen Carberry, RN, MPH Creating Value in Health Care and the Critical Role that Nurses Play
11:15 - 12: 15 PM	Rachel West, LCCE, CLD, CPD, MS Negotiating Patient-Provider Power Dynamics in Distinct Childbirth Setting: Insights from Black American Mothers
12:15 - 1:00 PM	Lunch
1:00 - 2:00 PM	Bonnie Shawl, BSN, RN Advancing Postsurgical Pain Management in Cesarean Section (No CNE Provided)
2:00 - 3:00 PM	Dr. Kelly Mc Glothen-Bell, PhD Nurses Addressing Health Disparities
3:00 - 3:15 PM	Closing Remarks/Evaluation

Thank You to our Planning Committee

Angela Montez Barbara Markel Kimberly Hughes Lolly Perry Carolien Perry Cheryl Bonecutter Zandra Perez Chelsea Schmidt



Catherine Harrel Heidi Cantrell Avis Harris Angie Wise Abby Freeman Maria T. Vazquez Shellie Nelson Terrie Price

Program Design by sharrihjackson.com

Conference Learning Outcome Statement:

The Registered Nurse and Advance Practice RN working with women and newborn will apply the current and evidence-based approaches for assessing and managing their health issues to improve and strengthen clinical practices to achieve the highest quality patient outcomes. Topics included in this conference address nursing burnout, small baby programs, fetal monitoring, stroke in pregnancy, patient navigators, human trafficking, "period of purple crying", mental health, health and racial disparities, and creating value in health care. They will recognize best care practices to address these issues.

Conference Objectives:

- 1. Nurture an environment that supports the contributions of nurses
- 2. Explore strategies to drive change and promote innovation
- 3. Foster connections to improve outcomes
- 4. Promote a deeper understanding of conditions unique to each patient population

Approval statement:

University Health System is an approved as a provider of nursing continuing professional development by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

12 contact hours will be awarded for all participants who attend the entire conference.

The Registered Nurse and Advance Practice RN working with women and newborn will know the current and evidence-based approaches for assessing and managing their health issues; improve and strengthen clinical practices to achieve the highest quality patient outcomes.



Save the Date!

2022 AWHONN TEXAS STATE CONFERENCE MAY 19-22, 2022

HYATT REGENCY HILL COUNTRY RESORT & SPA SAN ANTONIO TX

Save the Date!

2021 DISTRICT CONFERENCE APRIL 8-10, 2021



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